The PAMA courseware provides an introduction to the theory and practice of work and organizational psychology. The courseware will be made available in a digital learning environment that can be approached via the Internet and Intranet. First, PAMA provides an introduction to models of work and physical and psychological health. It also provides methods of psychological analysis of human task performance, as well as practices of professional skills. The introduction to theory and research is included in electronic books that contains additionally educational matter. In addition, PAMA is designed to support the development of professional skills that are required as a work psychologist. Using a case-based learning application (via Intranet), the course provides the opportunity for students to act as a work analyst and to learn that job analysis.